



2011

October

Mission Dolores Academy



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	Soft Beef Taco Fresh Carrot Sticks Fresh Red Apple	4	WG Chicken Nuggets w/ Green Beans Petite Banana	5	Hamburger on a WG Bun w/ Tater Tots Fresh Orange Slices	6	Meatball Sub on a WG Bun w/ Mixed Vegetables Chilled Apricot Halves	7	Hot Dog on a WG Bun w/ Baked Beans Fresh Pear
10	NO SCHOOL	11	NO SCHOOL	12	BBQ Teriyaki Chicken w/ Veggie Fried Rice Chilled Mandarin Oranges	13	Baked Chicken Tenders Fresh Celery Sticks Fresh Red Apple	14	WG Tony's Cheese Pizza Fresh Cauliflower Fresh Pear
17	Fun Fish Stars w/ Golden Kernel Corn Fresh Red Apple	18	Hamburger on a WG Bun w/ Potato Wedges Petite Banana	19	Grilled Chicken Patty on a WG Bun w/ Sweet Baby Peas Fresh Orange Slices	20	Nacho's w/ Tortilla Chips w/ Mixed Vegetables Chilled Pineapple Tidbits	21	Chicken Quesadilla Fresh Carrot Sticks Chilled Diced Pears
24	Chicken Mini Corn Dogs Fresh Broccoli Fresh Red Apple	25	WG Tyson Chicken Nuggets w/ Green Beans Chilled Pineapple Tidbits	26	Cheese Quesadilla Fresh Celery Sticks Petite Banana	27	Sweet & Sour Chicken w/ White Rice Fresh Carrot Sticks Mandarin Oranges	28	WG Tony's Pepperoni Pizza Fresh Cauliflower Fresh Pear
31	Popcorn Chicken w/ Mixed Vegetables Chilled Applesauce								

SERVED DAILY

Daily Fresh Fruit & Vegetables

Variety Milk Choices:
1% White Milk
Fat Free Chocolate Milk

Lunch Prices:
\$3.15

(V)=Vegetarian
WG=Whole Grain
@=Pork Product

Menus are subject to change without notice.